

beat1060 STUNDENPLAN

Im Studio

Online

ab 05.10.2020

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG
			Akademie des Körpers Meditation Open 08:00-09:00 Moritz	Faszientraining Open 08:00-08:45 Eva	Hatha Yoga Open 09:20-10:20 Sandra
					Ballett Basic 10:30-12:00 Sandra
					Improvisation Open 12:10-13:40 Katharina/Christina/Bruno
					Contemporary Basic 13:50-15:20 Katharina/Christina/Bruno
Faszientraining Open 16:55-17:55 Eva	Jazz Interm./Basic+ 16:25-17:55 Marcus		Contemporary Basic/Basic+ 17:00-18:30 Katharina	Jazz Basic+/Interm. 16:25-17:55 Sandra	
propriozeptorisches Tanztraining Open 18:05-19:35 Eva	Hip-Hop Basic 18:05-19:35 Christina	Jazz Interm./Basic+ 17:50-19:20 Marcus	Voguing Basic+ 18:00-19:30 Karin	Ballett Basic+ 18:05-19:35 Sandra	Jazz Basic 18:05-19:35 Sandra
Cont. Hip-Hop Basic+ 19:45-21:15 Christina	Hip-Hop Basic+ 19:45-21:15 Christina	Jazz Basic+ 19:30-21:00 Marcus	Cont. Hip-Hop Basic+ 19:40-21:10 Christina	Floor Barre Open 17:55-19:25 Anna	
	Voguing Basic/Basic+ 19:00-20:30 Karin			Akademie des Körpers GYROKINESIS® Open 19:35-21:05 Anna	
			Contemporary meets Martial Arts Open 17:55-19:25 Katharina		
			House Basic+/Interm. 19:35-21:05 Romy	Contemporary Basic+/Interm. 19:45-21:15 Anna / Christina	

nur im November & Dezember

voraussichtlich nur mehr im Oktober

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